



## Learning Lab - Be the Change Project (Weds & Thurs)

### LESSON #1 - Me At A Glance

*“But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid”. -Albert Einstein*

#### Learning Intentions for this lesson:

- I can learn about MY specific learning style using a learning style questionnaire
- I can learn about MY strengths using a multiple intelligences survey
- I can take an online personality test to get an accurate description of who I am and why I do the things the way I do
- I can apply how learning more about myself will change how I learn/work
- I can identify my individual characteristics (Core Competency - Positive Personal & Cultural Identity)
- I can describe/express my attributes, characteristics and skills (Core Competency - Positive Personal & Cultural Identity)

#### Access Background Knowledge:

Ask the class if anyone has ever completed a survey to better understand themselves as a person and a learner. Discuss. Today students will be asked to do 2 of 3 surveys:

- Learning styles questionnaire (paper)
- Multiple Intelligences inventory (paper)
- Online Personality test (16personalities.com) \*\*use own devices/ipad/computer

#### Purpose of each survey:

- Learning style questionnaire: People differ in the ways they learn, how do you learn best?
- Multiple Intelligences inventory: Intelligence is not defined by a person’s single general ability but rather a combination of 8 human capacities, what are your strongest capacities?
- Online Personality test: Use this online tool to get a concrete, accurate description of who you are and why you do things the way you do.

Let students know what the learning intentions are and that this first lesson (out of four lessons) will be used to hone into the focus of their “Be the Change” project which will be worked on each Weds/Thursday for the semester.

## PROCESS:

- Complete the Personality Test **AND** 1 of the 2 other surveys (Learning Styles or Multiple Intelligences)
- Chart the results of the Learning Survey & MI survey on the “ME at a GLANCE” page
- On the back of the ME at a Glance, have students summarize the results of the Personality Test

## TRANSFORM:

- Have students review the results of the three surveys and think about these 3 questions:
  - What do you strongly AGREE with? Why?
  - What do you strongly DISAGREE with? Why?
  - What surprised you? Why?
- Ask students to find another person and share their results and their answers to the 3 questions
- Share out with class
- Remind students that the purpose of doing these surveys is to help them better understand themselves and develop a focus for their Be the Change project

## REFLECT: (Have students write independently about this question)

- After completing these surveys, how will this change how I learn/work?

***Please COLLECT all of students surveys/results as they will be used in the upcoming lessons***

***Note: If time, have students upload their “Me At A Glance” results into their MyBlueprint account***

## PREPARING FOR TOMORROW:

Let students know that as we go forward tomorrow, they will be asked the following:

***“How have the people/places/events/things that have happened in my life influenced the person I am today?”***

Think of **FIVE** things for tomorrow to discuss with a partner.